

36M/118FT CALYPSO I SAMPLE MENU

SAMPLE MENU - BREAKFAST

ENJOY A FULL BREAKFAST EVERY MORNING

Eggs of your choice

Fresh bread (baked fresh every morning)

Fresh fruits

Croissants

Danish raisin pastries

Mie Goreng or Nasi Goreng

Fresh fruit juices

Coffee and tea

Fresh snacks are always available during the day



BUFFET LUNCH

Baked cauliflower & hazelnut salad

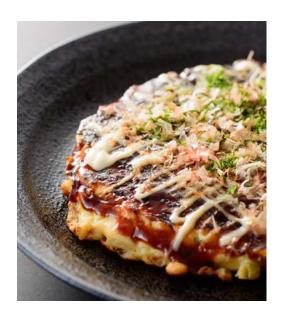
Roasted sweet potatoes with fresh figs & mild red chillies

Spiced chickpea & fresh vegetable salad

Grilled salmon fillet

Tiramisu





DINNER

Japanese vegetable pancakes with a tangy sauce

Seabass with an aubergine puree, crispy onions & oven tomatoes

Homemade mango sorbet popsickle

LUNCH

Asparagus salad mimosa

Carrot salad with baked chickpeas & toasted pistachios

Homemade pasta vongole with artichokes

Lemon sorbet with lemoncello





DINNER

Crudite with Babaganoush

Curried lentil, tomato & coconut soup

Grilled Red Mullet with garlic lemon butter sauce and Stuffed courgette with pine nut salsa

Rice pudding with raspberries

LUNCH

Tomato, cucumber & grilled sourdough salad

Soba noodle salad with mango & aubergine

Courgette flower tart

Quinoa pasta with rocket pesto & pinenuts

Prawn & corn fritters with sweet chilli dip





DINNER

Rosemary & sweet potato loaf with lime salsa

Cod fish with asparagus risotto & oven cherry tomatoes

Chocolate pudding

LUNCH

Moules marinières with fennel & celery

Baked courgette flower with a buttermilk dip

Beetroot & carrot salad with lentils & oranges

Homemade Twix





DINNER

Grilled padron pepper with hummus

Tuna carpaccio with beetroot ginger salad

Surf & Turf

Beef fillet steak & rock lobster tail with chimichurri sauce, baked broccoli & truffled polenta fries

Sin-free chocolate cake with raspberries

LUNCH

Quinoa tabbouleh salad with tahini dressing

Green garden salad with beans, asparagus, baby spinach & mild red chillies

Roasted cauliflower with parsley & whole grain mustard

Pasta vongole with artichokes

Prawns & salmon with lemon & thyme



DINNER

Roasted butternut squash & red onion with tahini & za'atar

Cabillaud, bulgur with tomatoes, aubergine & mint yoghurt

No bake honey lemon tarte with toasted coconut & raspberries



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