

HAPPY ME SAMPLE MENU

Day 1

Lunch

- Beefsteak carpaccio
- Mushroom risotto with mascarpone cheese
- Slow cooked steak in red wine sauce
- Chocolate soufflé

Dinner

- Stuffed ravioli with shrimps on celery mousse
- Seasonal salad
- Sea bass fillet on bulgur with chopped vegetables

Dessert

- Fruit tart

Day 2

Lunch

- Tuna tartare with lard and black truffles
- Caprese Salad
- Marinated octopus with chopped vegetables in red wine and beetroot sauce

Dessert

- Fruit flambé with chocolate and hazelnut ground, Greek yogurt and tonka ice cream

Dinner

- Bisque soup with lobster pieces
- Greek salad
- Diamond fillet stuffed with vegetables covered with caper and garlic sauce

Dessert

- Chocolate profiteroles in coconut mousse



Day 3

Lunch

- Lobster carpaccio with asparagus in citrus sauce
- Tagliatelle with Salmon in red sauce

Seasonal salad

Dessert

- Creme brulee

Dinner

- Spring rolls
- Gazpacho tomato soup
- Fish in salt with glazed vegetables and couscous

Dessert

- Fruit panna cotta

Day 4

Lunch

- French au gratin soup
- Caesar salad

Dessert

- Sphere of white chocolate filled with cherries and crumbs of chocolate and hazelnuts

Dinner

- Tuna stuffed with goose liver
- Barded chicken fillet stuffed with spinach and melted cheese

Dessert

- Thousand leaves cake





Day 5

Lunch

- Jerusalem artichoke cream soup with bacon
- arugula salad, tomatoes, parmesan and pine nuts
- Seafood risotto

Dessert

- Italian meringue with blueberry sauce and homemade vanilla ice cream

Dinner

- Prosciutto, cheese, dried fruit, grapes
- chard with bacon
- Fettuccini with prosciutto and truffles

Dessert

- Maccha cheesecake

Day 6

Lunch

- Scampi in kadaif with potato and garlic cream
- scallops and parsley in lime sauce with lard
- Tuna tagliatelle in sesame sauce

Dessert

- Cooked fritters on melon carpaccio

Dinner

- Creme brulee of liver goose
- Rump steak stuffed with arugula and pine nuts in mustard and honey sauce

Dessert

- Lebanese pancakes stuffed with pistachios

Day 7

Lunch

- Chickpeas soup with smoked mussels
- Seafood and asparagus risotto

Dessert

- Dark chocolate mousse filled with berries and walnut biscuit

Dinner

- Edamame hummus with smoked salmon and blanched oysters
- Warm cuttlefish appetizer
- Salad with marinated shrimp
- Sea bass fillet with almond crust and herbs in shrimp sauce

Dessert

- Mini cinnamon rolls

