

HAPPY ME SAMPLE MENU

Day 1

Lunch

- -Beefsteak carpaccio
- -Mushroom risotto with mascarpone cheese
- -Slow cooked steak in red wine sauce
- -Chocolate souffle

Dinner

- -Stuffed ravioli with shrimps on celery mousse Seasonal salad
- -Sea bass fillet on bulgur with chopped vegetables

Dessert

-Fruit tart

Day 2

Lunch

- -Tuna tartare with lard and black truffles Caprese Salad
- -Marinated octopus with chopped vegetables in red wine and beetroot sauce

Dessert

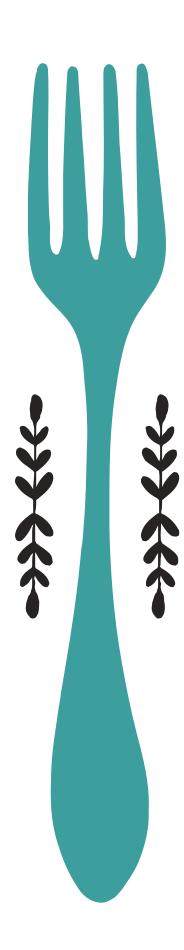
-Fruit flambé with chocolate and hazelnut ground, Greek yogurt and tonka ice cream

Dinner

- Bisque soup with lobster pieces Greek salad
- -Diamond fillet stuffed with vegetables covered with caper and garlic sauce

Dessert

-Chocolate profiteroles in coconut mousse



Day 3

Lunch

- -Lobster carpaccio with asparagus in citrus sauce
- -Tagliatelle with Salmon in red sauce Seasonal salad

Dessert

-Creme brulee

Dinner

- -Spring rolls
- -Gazpacho tomato soup
- -Fish in salt with glazed vegetables and couscous

Dessert

-Fruit panna cotta

Day 4

Lunch

- -French au gratin soup
- -Caesar salad

Dessert

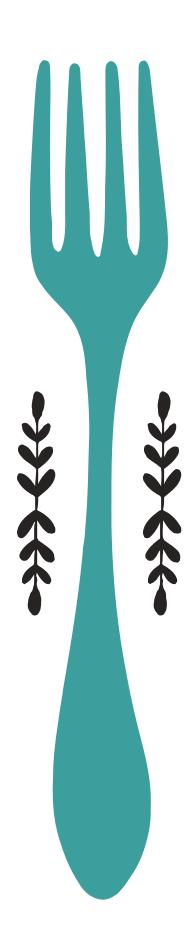
-Sphere of white chocolate filled with cherries and crumbs of chocolate and hazelnuts

Dinner

- -Tuna stuffed with goose liver
- -Barded chicken fillet stuffed with spinach and melted cheese

Dessert

-Thousand leaves cake



Day 5

Lunch

-Jerusalem artichoke cream soup with bacon arugula salad, tomatoes, parmesan and pine nuts -Seafood risotto

Dessert

-Italian meringue with blueberry sauce and homemade vanilla ice cream

Dinner

- -Prosciutto, cheese, dried fruit, grapes chard with bacon
- -Fettuccini with prosciutto and truffles

Dessert

-Maccha cheesecake

Day 6

Lunch

- -Scampi in kadaif with potato and garlic cream scallops and parsley in lime sauce with lard
- -Tuna tagliatelle in sesame sauce

Dessert

-Cooked fritters on melon carpaccio

Dinner

- -Creme brulee of liver goose
- -Rump steak stuffed with arugula and pine nuts in mustard and honey sauce

Dessert

-Lebanese pancakes stuffed with pistachios



Day 7

Lunch

- -Chickpeas soup with smoked mussels
- -Seafood and asparagus risotto

Dessert

-Dark chocolate mousse filled with berries and walnut biscuit

Dinner

- -Edamame hummus with smoked salmon and blanched oysters
- -Warm cuttlefish appetizer Salad with marinated shrimp
- -Sea bass fillet with almond crust and herbs in shrimp sauce

Dessert

-Mini cinnamon rolls